



TUESDAY, OCTOBER 8, 2024

SSGT. WILLIE DE LEON CIVIC CENTER • 300 E. MAIN • UVALDE, TX

SESSION 1

FREE

11:00AM
Doors Open

12:00PM
UMH Direcot
Q&A Panel

12:30PM
Educational
Booths Continue
(Light Refreshments)

GIVEAWAYS

SESSION 2

PAID ADMISSION

5:00PM
Doors Open &
Shopping Begins

6:00PM
Physician Q&A Panel

6:30PM
Keynote Speaker

7:30PM
Shopping Continues

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KEYNOTE SPEAKER



*Dr. Amy
Shah*

Dr. Amy Shah, a MD and nutrition specialist has developed a world-renowned wellness education platform over the last 10 years, is a bestselling books author, and has been featured on The Today Show, Good Morning America, Mel Robbins Podcast, and Ed Mylett Podcast.

SPONSORED BY



EVENTS ARE NOT INTENDED FOR MEN OR CHILDREN

EXPO AMBASSADORS: (Pictured L-R) Sarai Trejo, Concan Nursery; Soila Rodriguez, St. Patrick Catholic Church Volunteer; Brynnan Dorris, Uvalde High School Student; Amy Carnes, Amy's Attic; Cyndi Machuca, First State Bank of Uvalde; Melissa Cabralez, Licensed Professional Counselor; Lynn Simpson, UCISD-Batesville; Claudia Vazquez, Field in Finance; Elidia Tayfel, Bracketville ISD Teacher